

Mangwanani SPA



uMhlanga Sands



RESORT



MANGWANANI BOUTIQUE SPA UMHLANGA SANDS

FACIAL RITUAL

Mangwanani Signature Facial

A signature facial ritual combining cleansing, exfoliation, a deeply relaxing facial massage, mask, toner and moisturising to hydrate and nourish the skin while restoring its natural radiance and leaving the complexion beautifully refreshed.

R750 (60 minutes)

HAND & FOOT RITUALS

Mangwanani Royal African Hand Ritual

A soothing hand ritual beginning with a warm rose petal soak and gentle exfoliation, followed by a hydrating lemongrass pressure point massage to soften the skin and release tension.

R450 (30 minutes)

R650 (60 minutes)

Mangwanani Royal African Foot Ritual

An authentic African foot cleansing ritual beginning with a soothing soak in warm rose-petal water, followed by an invigorating exfoliation and hydrating lemongrass pressure-point massage to revive tired feet and leave them beautifully soft, refreshed and restored.

R450 (30 minutes)

R650 (60 minutes)

BACK/HEAD/NECK/SHOULDER TREATMENTS

Mangwanani Signature Full Back Massage

A soothing massage focused on the back, neck and shoulders to release built-up tension, ease muscular fatigue and restore a sense of deep relaxation, using your choice of three 100% natural aromatic oils — Relaxation, Calming or Revitalizing.

R550 (30 minutes)

R650 (60 minutes)

Mangwanani North African Head, Neck & Shoulder Massage

A sensory ritual for the head, neck and shoulders, using your choice of three 100% natural aromatic oils - Relaxation, Calming or Revitalizing - to quiet the mind and ease away tension.

R450 (30 minutes)

R650 (60 minutes)

FULL BODY MASSAGES & BODY RITUALS

Mangwanani Traditional African Signature Full Body Massage

A deeply restorative full body massage inspired by Traditional African wellness practices, using flowing massage techniques to release tension, ease tired muscles and leave the body feeling relaxed and renewed.

R750 (60 minutes)

R950 (90 minutes)

Mangwanani Signature Body Brushing & Hydration Ritual

A revitalising body ritual beginning with gentle dry brushing to stimulate circulation and support lymphatic flow, followed by a nourishing massage and hydration to soften, replenish and leave the skin beautifully smooth.

R1 250 (90 minutes)

Mangwanani Signature Body Scrub with African Ritual

A revitalising Traditional African full body ritual designed to awaken and restore. The experience begins with 25 minutes of a vigorous and rejuvenating full body exfoliation that combines modern knowledge with ancient wisdom to cleanse your body of dead and ageing skin cells.

R650 (60 minutes)

NAIL CARE RITUALS

Morgan Taylor

Complete nail and cuticle care, exfoliation, massage & polish.

Manicure R380 (60 minutes) Pedicure R430 (60 minutes)

Express Manicure or Pedicure

Essential nail work, cuticle care, file, buff & polish.

R200 (30 minutes)

Mangwanani Executive Men's Grooming

Nail work, cuticle care, buff, shine, scrub & massage.

Manicure R300 (60 minutes) Pedicure R350 (60 minutes)

Mangwanani Express Men's Grooming

Essential nail work, cuticle care, file, buff & polish.

R200 (30 minutes)

Mangwanani Gelish

File, cuticle care, exfoliation, massage with a gelish application.

Manicure R450 (60 minutes) Pedicure R500 (60 minutes)

Nail shape, cuticle care, exfoliation, foot file, massage with a gelish application.

**Gelish Hand or Feet Express
R350 (45 minutes)**

**Gelish Soak-Off Only
R100 (15 minutes)**

**Gelish Soak Off Express No Paint
R150 (30 minutes)**

MANGWANANI SPA RITUALS PACKAGES

Mangwanani Expectant Mother's Massage

A nurturing massage created especially for expectant mothers, using gentle techniques to ease areas of tension, support comfort and provide a peaceful moment of relaxation.

Price on request

Mangwanani Self Healing Pamper

Experience ultimate tranquility by allowing our healing hands to rejuvenate your mind, body and soul. Enjoy a 30 minutes Royal African Foot Ritual cleansing ritual beginning with a soothing soak in warm rose-petal water, followed by an invigorating exfoliation and hydrating lemongrass pressure-point massage, and a 60 minute Traditional African Full Body Massage with Hot Stones.

Price on request

Mangwanani African Serenity

A beautiful pairing of restorative rituals created to bring the body and mind into harmony. Begin with a 60 minute Traditional African Full Body Massage with Hot Stones, followed by a 60 minute North African Head, Neck & Shoulder Massage for a deeply calming experience that leaves you feeling relaxed and grounded.

Price on request

Mangwanani Ocean Relaxation Retreat

Take time to slow down and unwind with three luxurious 60 minute Mangwanani Signature Treatments, bringing together moments of relaxation, restoration and wellbeing for a truly tranquil spa experience.

Price on request

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