

Mangwanani SPA



 Southern Sun
THE CULLINAN



TREATMENT MENU

Mangwanani Spa Rituals

MANGWANANI RELAXATION FACIAL

An essential facial with exfoliation, relaxing massage, mask, Toner & moisturising leaving you feeling renewed & refreshed

60-MINUTE TREATMENT..... R750

MANGWANANI FULL BODY MASSAGE

Mangwanani Traditional African Full Body Massage with Hot stones to soothe all muscles head to toe

TREATMENT..... 60-MINUTE R950
90-MINUTE R1 050

MANGWANANI FULL BACK MASSAGE

Mangwanani Full Back Massage - relieve the tension in your back with a deep-tissue massage

TREATMENT..... 30-MINUTE R450
60-MINUTE R600

MANGWANANI HEAD, NECK & SHOULDER MASSAGE

Mangwanani North African Head, Neck & Shoulder Massage with a choice of 3 100% natural aromatic oils

TREATMENT..... 30-MINUTE R450
60-MINUTE R550

HAND & FOOT RITUALS

MANGWANANI HAND MASSAGE

Mangwanani Royal African Hand Ritual with Warm Rose Petal Soak, Exfoliation, and a hydrating lemongrass Pressure-point massage

TREATMENT..... 30-MINUTE R450
60-MINUTE R550

MANGWANANI FOOT MASSAGE

Mangwanani Royal African Foot Ritual – rose petal soak, Exfoliation, and a luxurious lemongrass foot massage

TREATMENT..... 30-MINUTE R450
60-MINUTE R550

BODY HYDRATION RITUALS

MANGWANANI FULL BODY BRUSHING RITUAL & HYDRATION MASSAGE

A revitalising Traditional African Full Body Ritual designed to awaken and restore.

The experience begins with 25-minutes of invigorating dry body brushing to exfoliate the skin and stimulate lymphatic flow, followed by a 25-minute warm aromatic oil massage to release tension and deeply relax the body.

The treatment is completed with a 10-minute cocoon body wrap and gentle pumping techniques, leaving the skin nourished, the body rebalanced, and energy renewed.

60-MINUTE TREATMENT..... R1 250 PER PERSON

MANGWANANI BODY SCRUB WITH AFRICAN RITUALS

A revitalising Traditional African Full Body Ritual designed to awaken and restore.

The experience begins with 25-minutes of A vigorous and rejuvenating Full Body Exfoliation that combines modern knowledge with ancient wisdom to cleanse your body of dead and aging skin cells.

60-MINUTE TREATMENT..... R600 PER PERSON

NAIL CARE RITUALS

MORGAN TAYLOR SPA MANICURE OR PEDICURE

60-minute File, Cuticle Care, Exfoliation, Massage & Morgan Taylor paint

MANICURE..... 60-MINUTE R380 PER PERSON

PEDICURE..... 60-MINUTE R430 PER PERSON

MORGAN TAYLOR EXPRESS MANICURE OR PEDICURE

Nail work, Cuticle work, file and buff. Finishing off with a Morgan Taylor paint

EXPRESS MANICURE OR PEDICURE.....30-MINUTE R200 PER PERSON

MANGWANANI EXECUTIVE MEN'S GROOMING

Mangwanani Executive Men's Grooming Manicure or Pedicure
Nail work, Cuticle care, buff, shine, scrub and massage

MANICURE.....60-MINUTE R300 PER PERSON

PEDICURE.....60-MINUTE R350 PER PERSON

MANGWANANI EXPRESS MEN'S GROOMING

Nail work, Cuticle work, file and buff. Finishing off with a Morgan Taylor paint

EXPRESS MANICURE OR PEDICURE.....30-MINUTE R200 PER PERSON

MANGWANANI GELISH - MANICURE OR PEDICURE

File, Cuticle Care, Exfoliation, and Massage with a Gelish Application

MANGWANANI GELISH MANICURE.....75- MINUTE R450 PER PERSON

Nail shape, cuticle care, exfoliation, foot file, and massage with

MANGWANANI GELISH PEDICURE.....75-MINUTE R500 PER PERSON

MANGWANANI GELISH HAND OR FEET EXPRESS.....45-MINUTE R300 PER PERSON

A long-lasting, chip-resistant gel Polish cured under a lamp for a High-gloss finish
(lasts up to 2-3 weeks)

MANGWANANI GELISH SOAK OFF ONLY.....15-MINUTE R60 PER PERSON

Gentle removal of gelish Polish, leaving nails clean and ready for a new service

MANGWANANI GELISH SOAK OFF EXPRESS NO PAINT.....30-MINUTE R150 PER PERSON

Gentle Gelish removal with basic Nail Care and shaping. Clean, natural finish

MANGWANANI SPA RITUALS SPECIALISED TREATMENTS

HARMONIOUS HALF DAY SPA

Experience the ultimate tranquillity package. Includes, lunch with juice, coffee or tea,
Three 60 minute therapies which include a Traditional Full Body Massage with Hot Stones, a
Royal African Foot Massage with Cleansing Ritual & Exfoliation and a North African Head, Neck
& Shoulder Massage.

R1 875 PER PERSON

MANGWANANI AFRICAN TRANQUILLITY

Restore your energy levels with an invigorating 60 minute Traditional Full Body Massage with
Hot Stones followed by a stress reducing 60 minute North African Head, Neck & Shoulder Massage.
Making this their perfect relaxation retreat.

R1 200 PER PERSON

MANGWANANI ROYAL AFRICAN NIGHT SPA

Relax into the evening with our Royal African Night spa as you allow the healing hands of our
therapists to rejuvenate your mind and body. Package includes dinner and three 60 minute
therapies: A Full Body Massage with Hot Stones, a Royal African Foot Massage with Cleansing Ritual
& Exfoliation and a North African Head, Neck & Shoulder Massage.

R1 800 PER PERSON

AFRICAN DREAM ESCAPE FULL DAY SPA

Escape, unwind and indulge in a day of pure serenity at Mangwanani Boutique Spa at The Cullinan.
Treat yourself to a luxurious day of relaxation, where every detail is designed to leave you feeling
refreshed, restored and beautifully rejuvenated. Your spa escape includes a delicious breakfast
and beverage on arrival, followed by a scrumptious lunch with dessert and a beverage, as well
as five luxurious 60-minute treatments to complete your ultimate day of pampering

R3 750 PER PERSON



Mangwanani
spa

BOUTIQUE SPA THE CULLINAN

Branch: 021 415 4075

1 Cullinan St, Cape Town City Centre, 8001

