

*Mangwanani*  
DREAM SPA

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ZIMBALI LODGE





WELCOME TO OUR TROPICAL

# *Sanctuary of Relaxation...*

Mangwanani Dream Spa, located in the Zimbali Lodge Forest Sanctuary, offers Guests the perfect Escape for the Ultimate Rest and Relaxation.

Huge bamboo palms and lush tropical gardens surround you, while you enjoy Mangwanani Dream Spa Signature Therapies in one of our four therapy rooms or on our Spa Forest Deck. You can also enjoy your treatments on our Spa Pool Deck, Poolside or at our Pool Cabana with the view of the magnificent azure Indian Ocean.

We offer an in-room Spa Service to Hotel Guests, Spa and Stay Packages, Day Spa, Night Spa, Individual Therapies, Bespoke Bridal and all Occasion Tailormade Packages!

*Escape to Mangwanani Dream Spa...*

# INDIVIDUAL SIGNATURE DREAM THERAPIES

## Classic Dream Massage Collection

### Izimanga

A Traditional Full Body Hot Stone Massage where hot stones and a blend of essential oils and lemongrass are placed on the body and a crème and almond oil infusion melt into the skin, leaving you feeling Refreshed, Revitalised and Re-energised

60 minute | R850

90 minute | R1 200

### Molala

A North African Head, Neck and Shoulder Massage with a warm Sesame Seed Oil that helps destress and alleviate neck and shoulder tension

30 minute | R450

60 minute | R750

### uMhlane

A Full Back Massage with our Signature Blends of African Ritual Oils for the Ultimate Relaxation and Serenity

30 minute | R500

60 minute | R800

### Neo Maoto

Royal African Foot Ritual with Warm Rose Petal Water and exfoliation followed by a Therapeutic Relaxation Pressure Point Leg and Foot Massage

30 minute | R450

60 minute | R750

## Neo Matsogo

A Royal African Hand Ritual with an Indulgent Rose Petal Water, Cleansing Sugar, Grapeseed Oil Scrub followed by a Pressure Point Stress Relieving Massage

30 minute | R450

60 minute | R750

## Signature Dream Massage Collection

### African Rungu Full Body Ritual

In the Maasai culture the Rungu is an important Warrior symbol.

The African Rungu Massage is a Deep Tissue Massage using a wooden baton that is excellent for reaching tired or painful muscles promoting lymph drainage and the release of endorphins

60 minute | R1 050

### Cowrie Sea Shell Full Body Massage

Cowrie Shells are heated and used as a unique and effective massage tool to deliver a Sensational Signature Full Body Massage transporting you to the Ocean and back. Special breathing techniques start off this Oceanic treatment while listening to the soothing sounds of the Ocean that are channelled from these Magnificent Sea Shells. By making use of the earth's natural resources to specifically target our body's seven energy centres to counter the negative influences of modern living and restore our inner balance

60 minute | R1 050

### Magnesium Muscle and Joint Recovery

Designed to improve energy levels, promote restful sleep and melt away muscle aches by delivering a deep tissue Full Body Massage. Specialised oils help muscles relax and contract and skilled therapists ease common muscle discomfort

90 minute | R1 250

## Mind and Mood Therapy

Our Signature blend of Mind and Mood Oils - "African Oils of Wisdom" have been specifically formulated with a combination of Therapeutic Aromatherapy Oils and Customised Massage Techniques that invoke Healing and Mental Wellbeing. The Mind and Mood Therapy lowers feelings of stress, anxiety, depression and the fatigue

Enjoy your own choice of Natural Healing Oils of Wisdom from our  
Natural Oils Trolley

Courage • Wellness • Tranquility • Energy • Happiness • Clarity • Balance  
90 minute | R1 250

## Expectant Mum Massage

An Indulgent treat for the Mum-to-Be using our Signature Marula Oil Blend which is considered sacred. The Marula Tree is linked to Fertility and Happiness. This Essential Oil is extracted from the Marula fruit kernels which are rich in antioxidants and amino acids.

According to Venda Culture the bark infusions from the Marula Tree can be used to determine if your baby is a boy or girl.

The amount of Vitamin C found in a single Marula Fruit is eight times that of an orange.

Prenancy is accompanied by constant hormonal and body changes and Marula Oil assists in strengthening the skins elasticity for lesser occurrence of skin damage from your growing bundle of joy.

Enjoy the feeling of complete Tranquillity, alleviate common aches, growing body pains and enhance relaxation allowing you to embrace your Gift of New Life

60 minute | R950







# Dream Body Care

## African Awakening Ceremony (Scrub, Wrap and Massage)

Experience a sublime African Body Cleansing Ceremony, beginning with a Full Body Exfoliation, followed by a Luxurious Wrap of your choice in preparation for an Aromatherapy infused Full Body Massage.

Leaving your skin with an amazing glow and texture

Hydration Wrap | Slimming | Detox | Preggy Wrap

90 minute | R1 450

## Korean Body Scrub

A Vigorous and Rejuvenating Full Body Exfoliation that combines modern knowledge with Ancient Techniques to cleanse your body of dead and aging skin cells using an original Korean technique and African traditions.

Your body will never feel this Young, Refreshed and Revived

60 minute | R650

## Aftersun Recovery Treatment

After a day of Sunshine, relax in our Dream Spa with an Aftersun Treatment.

Soothe your skin with a cooling aloe gel application using cool towels gently wrapped around affected areas reducing heat and inflammation.

This restoring treatment is finished with an application of our Organic Mangwanani After Sun Repair Lotion followed

by a Soothing Rose Spritzer

30 minute | R550



# DREAM FACIAL CARE

## uBuso Mangwanani Relaxation Facial

Indulge in an essential Mangwanani Relaxation Facial for a Hydrated Healthy Skin Texture followed by a signature Pressure Point Massage to alleviate tension and conquer your stresses

60 minute | R650

# ACADÉMIE SCIENTIFIQUE DE BEAUTÉ

## Académie African Radiance Facial

A radiance boost treatment to revive your skin texture, skin tone and bring back that Luminous African Radiance Glow

60 minute | R650

## Académie Tropical D-Tox Facial

Relax at the Beautiful Tropical Mangwanani Dream Spa for a Deep Pore Cleansing Facial to recover a more Radiant and Healthy looking skin. The Tropical Detox Facial boosts the skin with an Exfoliation, Lymph Drainage Massage and Mask application finished off with a Moisturiser and SPF

60 minute | R700

## Académie Classic Beach Facial

A deeply Relaxing and Multifunctional Treatment to suit every skin type.

Double cleanse, Exfoliation, Massage, Mask and an Ampoule for that renewed

Glamorous effect

60 minute | R750

# BESPOKE ACADEMIE FACIALS

## Bespoke Académie Facial (Hydrating, Brightening or Oxygenating)

This Luxurious Treatment will spoil you to the core - targeting your priority skin needs and concerns. An advanced skin treatment for even the most challenging skin conditions followed by a Luxurious Neck and Shoulder massage while your mask is on for maximum penetration of the customised ampoules

75 minute | R950

## Timeless Intense Anti-Ageing Recovery

For the Ultimate Skin Spoil indulge in a Luxurious Treatment which acts on the three signs of ageing: genetic, hormonal and environmental.

This Results Driven Facial gives you a Youthful Glow and minimises fine lines and wrinkles for a younger looking skin

60 minute | R1 200

# ACADEMIE SKIN PEELS

SAFE & EFFECTIVE FOR ALL SKIN TYPES

## Dermacte Expert Peeling

**Sebu Peel** – Specialised treatment for oily acne skins reducing the oil secretions and minimises breakouts

R900

**Brightening Peel** – Safe, Mild Specialised peel for uneven skin tone, blemished skin or scarred skin for a smoother texture with a radiant skin tone

R900

**Youth Peel** - High Tolerance Peel to reduce the signs of cutaneous ageing for smoother and younger looking skin. Restores skins elasticity and improves collagen bonds

R900





# DREAM NAIL CARE

## Morgan Taylor

Morgan Taylor® is the NEW standard in Professional Nail Lacquer and the crème de la crème of nail colour

Buff and Paint (30 minute)	R250
Spa Manicure or Pedicure - no paint (45 minute)	R350
Deluxe Manicure (60 minute)	R400
Deluxe Pedicure (60 minute)	R450
Express Mens Buff and Shine (30minute)	R250
Executive Mens Manicure and Relaxing Hand Massage (60 minute)	R400
Execective Men's Pedicure and Uplifting Foot Massage (60 minute)	R450

## Gelish

A Gelish treatment with 21 days of long wear with no chipping or nail damage.

A soak off gel that applies like a polish but dries instantly with superior colour and a high gloss

Gelish Deluxe Manicure (60 minute)	R500
Gelish Deluxe Pedicure (60 minute)	R550
Gelish Overlay (30 minute)	R350
Soak Off Gel	R150
Soak Off Acrylic/Soft Gel Tips	R195

## Soft Gel Tips

The new Gelish Soft Gels Tips is a revolutionary light-cured, pre-shaped nail enhancement.

Lovers of long nails get ready to rejoice! Gelish Soft Gel Tips give you gorgeous length with full-coverage and durable nails in less time

Soft Gel Tips and Gelish	R650
2 week back fill with Gelish	R550



# DREAM MAINTENANCE THERAPIES

## WAXING

NakedCherry - Vegan Wax & Natural Botanicals

### Face

Brows	R120
Lip and Brow	R200
Lip, Brow and Chin	R255
Full Face	R290

### Legs

Half Leg	R250
Full Leg	R350

### Intimate

Bikini	R250
Brazilian	R300
Hollywood	R380

### Arms

Under Arm	R165
Full Arm	R265

### Body

Stomach	R175
Tummy Line	R125

### Gents

Ear or nose or brows	R120
Ear and Nose	R200
Stomach	R350
Back	R400
Chest	R400
Half Leg	R300
Full Leg	R400
Full Arm	R350
Back, Chest and Stomach	R1 050

## TINTING

Eyelash Tint	R165
Brow Tint	R150
Lash and Brow Tint	R300





# SIGNATURE DREAM JOURNEYS

Prices subject to change according to Hotel Accommodation and Food and Beverage rates

## African Dream Spa Retreat and High Tea

Take a much-needed break from your busy day-to-day life to relax and enjoy our selection of sweet and savoury delights with our perfectly Infused Teas.

Indulge in a 60 minute Full Body Hot Stone Massage followed by a 60 minute Deluxe Spa Manicure or Pedicure while enjoying the Tranquil Forest Views

R2 999 for two

## Tropical Retreat Half Day Spa and Lunch

A Decadent Half Day Spa Retreat to Revive, Rejuvenate and Relax.

Treat your skin to a 60 minute Mangwanani Relaxation Facial including a special Facial Pressure Point Massage followed by an infusion of Mangwanani Signature African Ritual Oils with a 60 minute Full Body Hot Stone Massage and a Foot Massage

End off your treat with a two course Lunch and a glass of Wine or Beverage

R2 599pp or R4 999 for two

## Moet Mani and Pedi for Two

Bring along Your Bestie or Partner and Indulge in the alluring caress of fine bubbles with a bottle of Moet & Chandon Champagne while being treated to a

Deluxe Manicure and Pedicure leaving you Pamper Polished and Rejuvenated

R3 299 for two

### African Dream Tropical Moonlight Spa

Escape to our African Dream Tropical Moonlight Spa where you will enjoy a Cocktail on arrival and a Snack Platter.

Your African Healing Journey includes three Body Rejuvenating Therapies, a 60 minute North African Head, Neck and Shoulder Massage, a Tranquil 60 minute Full Body Hot Stone Massage with our Signature 100% Natural Aromatic African Ritual Oils and ends off with a stress relieving 60 minute Pressure Point Therapeutic Foot Massage.

Leaving you completely relaxed and revived

Enjoy a two course Dinner and a glass of Wine or Beverage

R2 999pp or R5 699 for two

### African Dream Escape Full Day Spa

Escape and Indulge in a day of pure Serenity at our Zimbali Dream Spa from 9am- 5pm.

Your Package Includes a breakfast and a beverage on arrival, a scrumptious Lunch with Dessert and a beverage as well as Five Luxurious 60 minute Treatments

#### **Treatments included:**

A Mangwanani Relaxation Facial with a special Facial Pressure Point Massage

A Mesmerising Traditional Full Body Massage with Hot Stones with your choice of our three 100% Natural Mangwanani Aromatic Oils – Calming, Revitalizing and Nurturing

A relaxing North African Head, Neck and Shoulder Massage

A Therapeutic Foot Pressure Point Massage with a warm rose petal soak and sugar scrub

A Royal African Hand and Pressure Point Massage with an

African Cleansing Ritual

R4 099pp or R7 999 for two

All additional beverages charged separately with Zimbali Lodge





# SIGNATURE DREAM SPA & STAY ESCAPES AND RETREATS

## Azure Sea and Tropical Palm Spa Escape

Immerse your Mind and Spirit in the soothing sounds of the Ocean, while indulging your body in a relaxing 60 minute Cowrie Sea-Shell Massage, a 60 minute North African Head Massage and a 60 minute Therapeutic Foot Ritual. End off your Soul Enriching Treat with a two course Dinner and a Glass of Wine

One Night Stay with breakfast

Midweek | R7 499 for two

Weekend | R8 899 for two

## High Tea Spa and Stay Indulgence

Nestled in a North Coast Forest Escape you will find your Kurhula "inner peace" as you experience a 60 minute African Rungu Full Body Ritual, a 60 minute Royal African Pressure Point Foot Therapy and a 60 minute Rejuvenating North African Head Massage.

End off with a Decadent High Tea experience for complete indulgence.

One Night Stay with breakfast

Midweek | R6 999 for two

Weekend | R8 399 for two

## Soul Stirring Spa Journey

The perfect remedy to recover your Mental Wellbeing and Improve Physical Vitality. A Calming Yoga session to kickstart your metabolism and create a sense of serenity followed by a relaxing 60 minute Full Body Hot Stone Massage and a 60 minute Stress Relieving North African Head Massage. Specifically designed to enhance physical and mental wellbeing to renew the body and reactivate the mind

One Night Stay with breakfast

Midweek | R5 199 for two

Weekend | R6 599 for two





## Indigo Sleep Therapy Ritual

Allow our Mangwanani Therapists to revitalize you with our head-to-toe Indigo Sleep Therapy Ritual. Start off with a specialized Welcome Touch that includes breathing techniques to enhance the effect of a pure soothing transition to deep relaxation, ideal for alleviating stress and emotional anxiety. Enjoy a 60 minute Aromatherapy Infused Hot Stone Full Body Massage placing the Mind, Body and Soul at complete rest, whilst releasing all Muscle Tension and Pain. This is followed by a 60 minute North African Head Massage and ends off with a 30 minute Royal African Pressure Point Foot Therapy.

A treat to encourage Calmness and Relaxation for a busy mind and tired body

One Night Stay with breakfast

Midweek R6 999 for two

Weekend R8 299 for two

## Ultimate Relaxation Escape - 2 Night Retreat

Escape the city and immerse yourself in spectacular surroundings with the Ultimate Relaxation Retreat at our Mangwanani Dream Spa,

A Bespoke itinerary of Daily Wellness Treatments and exceptional meals have been planned for complete relaxation and serenity.

On arrival you will be gifted with a branded Luxury Gown and Slipper set.

Indulge in two Course lunch and dinners, afternoon tea with delectable pastries and sip on a cocktail while unwinding at our iconic Zimbali pool.

Your treatments include a Bespoke Académie Facial, a 60 minute Full Body African Rungu Massage, an African Awakening Ceremony (scrub, mud and massage), a 90 minute Mind and Mood Therapy, a 60 minute Deluxe Manicure and Pedicure.

Physio and dry needling are available on request.

Treatments are done over two days and structured for the Ultimate 2-Day Retreat

Two Night Stay with breakfast

Midweek | R21 999 for two

Weekend | R23 999 for two

All additional beverages charged separately with Zimbali Lodge.





# SIGNATURE DREAM SPA & STAY CELEBRATION PACKAGES

## Private Romance Escape

Prepare for an Intimate Escape with a bottle of Champagne and enjoy our Enticing African Spa Rituals. On arrival you are gifted with our Branded Gown and Slippers. Treat your body to our Signature Mangwanani 90 minute Aromatherapy Infused Hot Stone Relaxation Full Body Massage, a 60 minute Académie Classic Beach Facial and our therapeutic 60 minute Foot Pressure Point Massage that has been traditionally used to stir passion for centuries. End the day enjoying a Romantic Dinner

One Night Stay with breakfast

Midweek R10 399 for two | Weekend R11 699 for two

## Celebration Journey

Celebrating a Special Occassion? Experience a Royal African Ritual at Mangwanani Dream Spa with breathtaking views and a series of pure Indulgent Therapies. Enjoy the pleasure of a private in-room session or a session at our exclusive spa and be gifted with Our Signature Branded Gowns, Slippers and a bottle of Champagne to kick start your celebration.

Enjoy a 60 minute Korean Scrub Ritual, a 60 minute Nurturing Aromatherapy Infused Hot Stone Massage, a 60 minute Pressure Point Foot Massage and a Therapeutic 30 minute North African Head Massage for the most Memorable Celebration

Two Night Stay with Breakfast

Midweek R11 799 for two | Weekend R14 499 for two

## Celebration Indulgence

Allow Mangwanani Dream Spa to captivate your journey while you celebrate a special occasion, indulge in Luxurious treats and soak up the Magnificent Ocean Views. Get cozy in our Signature Branded Gowns and Slippers and enjoy a bottle of Champagne to kick start your celebration. Renew your skin with a 60 minute Korean Indulgence Scrub followed by an Aromatherapy Infused 90 minute Tranquil Full Body Massage and a 30 minute Therapeutic Foot Pressure Point Ritual all in the privacy of your room

Two Night Stay with breakfast

Midweek R12 299 for two | Weekend R14 299 for two

All additional beverages charged separately with Zimbali Lodge





# BESPOKE DREAM BRIDAL COLLECTIONS

## Bride Only

### Bespoke Bridal Full Day Dream Escape

Be transported to a world of Indulgence and Luxury, where no detail is spared in creating an unparalleled journey of Relaxation and Tranquillity. This package includes 5 treatments of your choice, each for 60 minutes plus a delicious breakfast and lunch with desserts and beverages designed to melt away your stress as you

Rejuvenate, Refresh and prepare for your Special Day

Price on request for Package Customisation

### Radiant Makoti Bridal Experience

Add a crowning touch to your special day with Ocean Views and Soothing Forest Sounds at our Mangwanani Dream Spa. Revive your skin with our African Awakening Ceremony which includes a Renewing Aromatic Scrub, Mud Wrap of your choice and a Therapeutic 60 minute Aromatherapy

Hot Stone Massage. Conclude this Magical Ritual with our 60 minute Royal African Pressure Point Foot Therapy and a 30 minute North African Head, Neck and Shoulder Massage.

Enjoy a two course Lunch and a Tropical Cocktail

R2 999

### Me-Time Makoti Spoil

Tailormade for the Bride-to-Be... Escape to our tropical Sanctuary and melt away those pre-wedding jitters by treating yourself to some alone time with an indulgent Half Day Deep-Relaxation Spa Experience.

This Me-Time Makoti Pamper includes a 90 minute Traditional Full Body Massage with Hot stones offering you a choice of our 100% Natural Aromatic Oils - Calming, Nurturing or Revitalising, a 60 minute Royal African Pressure Point Foot Therapy and a 60 minute North African Hand Massage for total decadence. Enjoy a glass of wine or cocktail with a two course Lunch to round off your indulgent day of pampering

R3099



# Bride and Bridal Crew

## Bride and Maid of Honour Moët Pamper

Planning the perfect wedding can be stressful on the bride and Maid of Honour so why not take a mini reset and recharge break with a Pamper Session created exclusively for the Bride and Maid of Honour.

This Pamper Package includes a 90 minute Traditional Full Body Massage with Hot stones offering you a choice of our 100% Natural Aromatic Oils and a Pampering Deluxe Spa Pedicure.

A Savoury Snack Platter and a bottle of Moët & Chandon Nectar Champagne awaits you on our relaxation spa deck or at the Iconic Zimbali Lodge Poolside  
R5 099 for two

## Bride and Bridesmaids High Tea Experience

The Ultimate De-Stress Escape to ensure that You and Your Bridesmaids feel Refreshed, Recharged and Revitalized for Your Big Day.

Experience ultimate tranquillity while celebrating bridal bonding time while you enjoy a perfectly decadent high tea and relaxing spa treatments.

This package includes a Therapeutic 60 minute Head, Neck and Shoulder Massage combined with your choice of either a 60 minute Deluxe Spa Manicure or Pedicure  
R1 399pp

## Mum and Bride High Tea Bonding

Enjoy precious Mum and Daughter time together by indulging in a course of three relaxing treatments.

A mesmerising 90 minute Full Body Nurturing Hot stone Massage followed by a pampering 60 minute Spa Pedicure and a revitalising 30 minute Royal African Hand Pressure Point Massage.

End off your African Rituals with a Decadent High Tea Experience for complete relaxation at our Tropical Sanctuary

R4 499 for two

Bespoke Bridal Spa Experience Consultations and Tailormade Packages are available on request  
All additional beverages charged separately with Zimbali Lodge.

# SIGNATURE DREAM EXPECTANT MUM PACKAGES

## It's all about Mum-to-Be

Escape and take some much needed time-out to recharge, restore and renew dull devitalized skin and improve hydration with a 60 minute African Radiance Académie Facial followed by a 30 minute Targeted Tired Legs Massage to reduce fluid retention and improve circulation.

Experience our 60 minute Marula Infused Expectant Mum Massage.

An Indulgent treat for the mum-to-be using our Signature Marula Oil Blend which is considered sacred. The Marula Tree is linked to Fertility and Happiness. This Essential Oil is extracted from the Marula fruit kernels which are rich in antioxidants and amino acids. According to Venda Culture the bark infusions from the Marula Tree can be used to determine if your baby is a boy or girl. The amount of Vitamin C found in a single Marula Fruit is eight times that of an orange. Prenancy is accompanied by constant hormonal and body changes and Marula Oil assists in strengthening the skins elasticity for lesser occurrence of skin damage from your growing bundle of joy. Enjoy the feeling of complete tranquillity, alleviate common aches, growing body pains and enhance relaxation allowing you to embrace your gift of new life

End off this session with a 60 minute Deluxe Manicure or Pedicure

followed by a two course lunch

(excludes beverages)

R2 799

## Pure Pregnancy Bliss

Spoil a mum to be with an Indulgent Royal Preggy Treat.

Alleviate dead skin cells with a renewing 60 minute Full Body Exfoliation inclusive of a Nourishing and

Hydrating Preggy Wrap to restore the skins natural barrier, followed by a luxurious

Marula Infused Oil Massage, a 60 minute African Radiance Académie Facial

to boost the skins radiance and natural glow.

Enjoy a scrumptious two course lunch at our Spa Deck or

at the Iconic Zimbali Poolside

(excludes beverages)

R2 399



# SIGNATURE DREAM POOLSIDE AND CABANA THERAPIES

Mangwanani Dream Spa Offers you Relaxing and Revitalising Treatments in our Luxurious Cabana, by the Poolside or as an in-room experience for a Total Rejuvenation of the Mind, Body and Soul

## Individual Poolside Treatments

Soak up the sun in a serene setting with Majestic Ocean Views at Our Iconic Zimbali Lodge Pool. Mangwanani Dream Spa offers Poolside and Cabanna Relaxation with a range of African Inspired Therapies from the comfort of your lounge. Let our team of skilled therapists restore your calm and bring you back to your natural wellbeing

### Molala

A North African Head, Neck and Shoulder Massage with your choice of our Signature Natural Aromatic Oils – Calming, Revitalizing or Nurturing. A Decadent Massage that uses Acupressure Points to Relax and Relieve Tension

30 minute | R450

60 minute | R750

### Neo Maoto

A Royal African Foot Hydrating Pressure Point Massage with a Luxurious Lemongrass cream.

Take a moment to Replenish, Revitalise and Re-energize

30 minute | R450

60 minute | R750

### Neo Matsogo

A Royal African Hand Ritual with a luxurious Lemongrass Cream followed by Pressure Point Stress Relieving Hand Massage

30 minute | R450

60 minute | R750



## Moroccan Floor Massage

A Reviving and Rejuvenating Treatment involving stretching your leg and thigh muscles as well as loosening of the knee joints. The Moroccan Floor Massage aims to strengthen your body's resistance to disease and relieve tension and fatigue for deep relaxation.

This treatment is done outdoors and Guests are provided with Cotton Moroccan Floor Massage Garments  
60 minute | R950

## Cabana Relaxation Treatments

### Izimanga

A Traditional Full Body Massage to soothe muscles and alleviate tension for that ultimate relaxation from head to toe

60 minute | R850

90 minute | R1 200

### uMhlane

A relaxing Full Back Massage to relieve all the tension, pain and stress using Our Signature Natural 100% Aromatic Oils with Your choice of either Calming, Nurturing or Revitalising.

30 minute | R500

60 minute | R800









# SIGNATURE DREAM POOLSIDE JOURNEYS

## Rest and Revitalise with a Cocktail for Two

Experience Pampering in Luxurious Surroundings with Breathtaking Views while you enjoy a refreshing Cocktail served with a Snack Platter.

This Package includes a 60 minute Royal African Foot Pressure Point Massage where a blend of Essential Oils with Lemongrass combined with a Crème and Almond Oil Infusion melt into the skin, leaving you feeling completely amazing

R1 899 for two

## VIP Relaxation

Awaken your senses and escape from your busy day-to-day life by Indulging in an Exclusive VIP experience at Mangwanani Dream Spa. An elegant oasis that combines Tranquil Relaxation Rituals and Modern Luxury.

Experience a 60 minute African Rungu Full Body Ritual, a 60 minute Royal African Pressure Point Foot Therapy and a Mesmerising 60 minute North African Head Massage.

End off this African Escape with a bottle of Dom Perignon Champagne and a delectable Snack Platter

R10 999 for two

## Tranquil Cocktail and Spa

Unwind, Relax and Surrender to the Tranquil Beauty in a Peaceful Environment alongside the Iconic Zimbali Lodge Pool with our Poolside Relaxation Package for two. Experience a 60 minute North African Head, Neck and Shoulder Massage plus a 30 minute Royal African Foot Massage

OR a 30 minute Royal Hand Ritual with a selection of 100% Natural Aromatic Oils – Calming, Revitalizing, or Nurturing. Complete this experience with a delightful Cocktail

R2499 for two

### Poolside Indulgence

Savour Indulgent Spa Treatments and Reconnect as a Couple while you enjoy a Uniquely Relaxing Experience around the pool area with a Couples 60 minute Full Back Massage, a 30 minute Royal African Foot Massage OR a 30 minute Royal African Hand Ritual with a selection of our Signature 100% Natural Aromatic Oils – Calming, Revitalizing or Nurturing, followed by a Cocktail  
R2 799 for two

### Champagne and Spa

Experience Heavenly Decadence with an Exclusive and Memorable Pamper Session in a serene setting. A Tension Relieving 60 minute Full Back Massage, a decadent Snack Platter and a bottle of sparkling Wine Boschendal Brut Nv/Rose to be enjoyed along the pool  
R3 499 for two

### Sensual Pooltime Pamper

Indulge in pampering spa treatments that will help you reconnect with each other, awaken your senses and soothe your soul. This Package includes a 60 minute North African Head, Neck and Shoulder Massage with a choice of Our Signature 100% Natural Aromatic Oils – Calming, Revitalizing or Nurturing and a 30 minute Royal African Foot Pressure Point Massage.  
End your romantic session with a Snack Platter and a Glass of wine while you enjoy spectacular views  
R2 799 for two







Mangwanani African Spa is a True African Spa Destination Experience, Committed to Empowerment and Responsible Tourism

By marrying Western Cultures with Ancient African Rituals, Guests are Pampered with decadent therapies for Total Relaxation of Body, Mind and Soul. Mangwanani is suitable for couples, groups and individuals of all ages

By uplifting previously disadvantaged women, through training and development, Mangwanani offers a Rare Experience of African Indulgence that Blesses the Body and Soul through Ancestral Therapies

We are committed to serving a Social Responsibility, Sustainable Development and Empowerment through Job Creation. By uplifting Local Communities Nationally, Mangwanani provides a Quality African Experience, and Value for Money, by Committed, Empowered and Happy People

[We Hope You Enjoy Your Time with Us](#)

# Spa Etiquette

Mangwanani Dream Spa would like all guests to have the most tranquil and indulgent experience possible when visiting any of our spas, nationwide. With this aim in mind, we have produced a general set of etiquette guidelines for you to keep in mind before your decadent experience with us.

We have created these guidelines to ensure that everyone visiting Mangwanani Dream Spa has the very best experience possible: therefore, we deeply appreciate and respect your adherence to these guidelines.

- Arrive 15-20 minutes prior to treatments to complete an indemnity card
- Ensure to wear bathing suits when using facilities or wet areas
- Please keep your cell phone switched off throughout your experience at the Spa – the reason: cell phones can be disruptive to your revitalisation experience and can interfere with treatments as well as being disturbing to other guests
- Please note that other guests will be present at the spa during your stay and we ask that you keep noise to a minimum so that the tranquil experiences of other guests are not disrupted
- Please only smoke in designated areas, smoking in non-designated areas is illegal and prohibited
- If necessary, please moderate your alcohol intake as excessive consumption can lead to unruly behaviour. This can impact on your treatments as well as the serene experiences of other guests
- Please refrain from sexually suggestive and/or inappropriate behaviour as it distracts from Mangwanani's philosophy of peace and tranquillity
- Our therapists are trained to make your stay with us as comfortable as possible, should you feel in anyway uncomfortable with our treatments or service please advise an on-site manager immediately
- Demeaning and/or abusive behaviour towards our therapists and staff members will not be tolerated: should you wish to make a complaint please notify an on-site manager immediately

## T's & C's

### **We love to pamper you but please note:**

- Pre-payment is required to secure bookings
- Should you be late, your treatment will be shortened accordingly

### **Rescheduling Policies:**

- Rescheduling 5 days before your booking will carry a 10% administration fee, which is payable when rescheduling
- Rescheduling 3 days before your booking will have a 25% rescheduling fee, which is payable when rescheduling
  - Rescheduling within 3 days of you booking will result in a 100% forfeit of the full value of the booking

### **Cancellation Policies:**

- Cancellation of a booking and/or no show will result in a 100% forfeit of the full value of the booking.

### **Refunds and Returns:**

- Treatments and packages are non-refundable non-transferable and may not be exchanged for money
  - For hygiene reasons, products purchased may not be returned or exchanged.

- All Rituals available in-room at a 25% surcharge

- Prices subject to change according to Hotel Accommodation and Food and Beverage rates

- All additional beverages charged separately with Zimbali Lodge



acadēmīe  
scientifique de beauté



MORGAN  
TAYLOR  
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Operating Hours:  
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Email Address: [info@mangwanani.co.za](mailto:info@mangwanani.co.za) / [zimbali@lodge@mangwanani.co.za](mailto:zimbali@lodge@mangwanani.co.za)  
Resort : +27 (0)32 538 5100  
Spa Mobile : +27 (0)72 265 6531  
Central Reservations: 087 809 0055

[www.mangwanani.co.za](http://www.mangwanani.co.za)







