



# Treatment Menu

## Ubuso

An essential facial with exfoliation, relaxing massage, face-mask, toner, and moisturiser; leaving you feeling renewed and refreshed

45 minute treatment R 500

## Izimanga

Traditional full-body hot stone therapy, or full-body massage

60 minute treatment R 550

90 minute treatment R 700

## Molala

North African head, neck, and shoulder massage

30 minute treatment R 300

60 minute treatment R 400

## uMhlane

Full back massage

30 minute treatment R 350  
without hot stones

60 minute treatment R 450  
with hot stones

## Neo Maoto

Royal African foot massage with warm rose-petal water, followed by exfoliation

30 minute treatment R 300

60 minute treatment R 400

## Neo Matsogo

Royal African hand massage with warm rose-petal water, followed by exfoliation

30 minute treatment R 300

60 minute treatment R 400

## African Spa Manicure or Pedicure

Spoil yourself with a 60-minute file, exfoliation, cuticle care, and paint

Manicure R 300

Pedicure R 350

## Korean Scrub with African Rituals

A vigorous and rejuvenating full body exfoliation that combines modern knowledge with ancient wisdom to cleanse your body of dead and aging skin cells.

60 minutes R 550

## African Spa Manicure or Pedicure

Spoil yourself with a 60 min file, cuticle care, exfoliation, massage

60 minute Manicure	R 300
60 minute Pedicure	R 350

## African Spa Manicure or Pedicure

Spoil yourself with a 30 min cuticle care, buff and shine

Manicure	R 180
Pedicure	R 180

## Executive Men's Grooming: manicure or pedicure

Nail work, cuticle care, buff, shine, and scrub and massage

60 minute Manicure	R 250
60 minute Pedicure	R 300

# Signature Packages

## Harmonious Half Day Spa

Experience ultimate tranquillity with a half-day spa. This package offers lunch as a delicious refreshment; three 60-minute therapies which include a traditional full body massage with hot stones, a Royal African foot massage with cleaning ritual and exfoliation, and a North African head, neck, and shoulder massage.

R 1299 per person

## Take a Tea Break

Restore your mind and body with two relaxing treatments – a 30-minute traditional North African head, neck, and shoulder massage; and a 30-minute Royal African foot massage with cleaning ritual and exfoliation. These two treatments are complemented by a cup of tea and a delicious slice of cake

R 600 per person

## Royal African Night Spa

Relax into the evening with our African Night Spa, as you allow the healing hands of our therapists to rejuvenate your mind and body. This magical night includes a delicious dinner and three 60-minute therapies. Therapies comprise a Traditional Full Body Massage with Hot Stones, a Royal African Foot Massage with Cleaning Ritual & Exfoliation, and a North African Head, Neck, & Shoulder Massage

R 1350 per person

Reservations **012 658 8000**

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[www.mangwanani.co.za](http://www.mangwanani.co.za)

