

Mum to Be

SIGNATURE SPA PACKAGES

From Swollen Feet and Growing Bellies to Morning Sickness and aching backs, growing a little human is a hard yet rewarding job. So, to Pamper and Rejuvenate all the mamma's out there who need a little relaxation – Here are some delightful Expectant Mom Packages designed especially for you!

Pregnancy Glow Retreat

Get your Glow on with a Spa Day. Enjoy a pregnancy safe 55 minute Marine Salt scrub with a Fresh Cream Wrap followed by a 55 minute balancing BABOR Facial (balances, refines and mattifies for a refreshed and revitalized look). An Omega-rich Terres d'Afrique Pregnancy Massage incorporates the energy of hot and cold rose quartz crystals to help ease pregnancy pains and reduce swelling of the legs. Enjoy a lunch once your sensational African Journey is complete

250 minute

R4299

Mum-To-Be Spa Indulgence

Pencil me in before the big day arrives! Unwind with a Pampering Spa Day that will Rejuvenate and Relax from head to toe. Start your spoil with a Deluxe Spa Manicure and a soothing Deluxe Spa Pedicure. Wait there's more... An enchanting Head, Neck and Shoulder Massage to break away shoulder tension and untie knots which contribute to headaches. Finally sit back and Relax and with a Cleansing African Foot Ritual, a stress relieving Pressure Point Foot Massage and an Indulgent Lunch

275 minute

R3299

Mellow Mamma

Mellow down and retreat with a Rejuvenating Spa Day. Enjoy a 55 minute 100% Natural Mangwanani Relaxation Facial. A Luxurious Milk Cleanser with Cucumber Extracts cleanses and Apricot Oil and Kernel Exfoliant gently revives the skin while you enjoy a Relaxing Pressure Point Massage using an Avocado Oil Shea Butter. A Blue Green Algae Face Mask is applied which assists with Hydration, followed by an Alcohol Free Witchhazel Toner which balances and a Lipoderm Infused Moisturiser that Nourishes the skin. Leaving your skin feeling renewed and refreshed with an amazing glow. This spoil is followed by an indulgent Marula Infused Pregnancy Massage, a treat for mum-to-be using our signature Marula Oil Blend Pregnancy is accompanied by constant hormonal and body changes and Marula Oil assists in strengthening the skins elasticity for lesser occurrence of skin damage from your growing bundle of joy. Enjoy the feeling of complete tranquillity, alleviate common aches, growing body pains and enhance relaxation allowing you to embrace your gift of new life. Enjoy a Delicious Lunch after your Spa Spoil

275 minute

R3299



Mangwanani

Signature
SPA

BRIDAL AND PREGNANCY MENU

BRIDE AND GROOM

Bespoke Signature Bride and Groom Retreat

Be transported to a world of Indulgence and Luxury, where no detail is spared in creating an unparalleled journey of relaxation and tranquility. This package includes five treatments of your choice each 55 minutes long and lunch with dessert and beverages - designed to melt away your stress as you rejuvenate, recharge and refresh

Price on Request

BRIDE AND BRIDAL TEAM

Bachelorette Sublime High Tea Pamper Party

The ultimate pampering spoil for the Bride and her Bridal Team to reset and reconnect while enjoying bridal bonding. A perfectly decadent High Tea with a selection of treats and relaxing spa treatments. Enjoy a 55 minute Deluxe Spa Pedicure and an enchanting 55 minute Head, Neck and Shoulder Massage

165 minute

R1899pp

Bride and Maid of Honour Champagne Spa Spoils

Girls just wanna have fun... Celebrate a Day with your Maid of Honour and enjoy a of Bottle of GH MUMM Champagne while experiencing Luxury, Relaxation and Rejuvenating Massages in preparation for your big day. Let your hair down and get those feet up for a 55 minute Uplifting Foot Pressure Point Massage and a 55 minute Enchanting African Head Massage.

Champagne Fun time with a Snack platter to be enjoyed on our Luxury Poolside Loungers and finish off an indulgent day of pampering with Lunch

165 minute

R6799 for 2

Mom and Me Sublime High Tea

Enjoy a little Mother and Daughter time with a Sublime High Tea Spa Experience. Your Journey begins with an African Hand Cleansing Ritual using a warm Rose Petal Soak and gentle exfoliation with a Grapeseed Infused Oil Scrub to alleviate dry, devitalised skin. A therapeutic Pressure Point Stress Relieving Hand Massage from fingers to elbows. A Body Ritual that hydrates and softens the skin using Shea Butter which is blended in three scents of your choice - Calming, Nurturing or Revitalising. Your Body is exfoliated with a Grapeseed Oil Sugar Scrub followed by a Shea Butter application and wrapped in a muslin cloth to soothe and nourish dehydrated skin. A weighted blanket is placed over the body to transport you to a realm of tranquility while you enjoy a 25 minute Enchanting African Head Massage. Includes 30 minute Relaxation Time in our Salt Relaxation Room with our Signature Herbal Tea Blend or Iced Tea Infusion End off with a Decadent High Tea

165 minute

R6799 for 2

Bridal Collections

BRIDAL AND GROOM PACKAGES

BRIDE ONLY

Bridal De-Lux

At Mangwanani Signature Spa we are dedicated to making you feel truly special on your Bridal Journey with our majestic African Rituals. Indulge in a Pampering De-Lux Gelish Pedicure and add a crowning touch to your special day with our Signature Himalayan Salt Crystal Journey. A detoxifying Himalayan Body Polish followed by a relaxing Aromatherapy Infused Warm Salt Crystal Massage. Sip on an Inverroche Gin Cocktail while enjoying 30 minutes of relaxation time in our Salt Room. Your Journey ends with Lunch while overlooking the majestic Indian Ocean

225 minute

R3199

Bridal De-Stress Half Day Decadence

Treat yourself to some alone time with a destressing half day deep-relaxation experience to restore your Body, Mind and Soul. This therapeutic ritual includes a 55 minute Terres d' Afrique Full Body Balance and Harmony Massage which aims to detoxify and restore energy flow in the body by stimulating certain Pressure Points along the body's meridians and unblocks energy pathways using Signature Tri-Touch wooden massage tools which assist in draining the lymph nodes for healthier blood flow and circulation, a 55 minute Mangwanani Kalahari Melon Oil Head and Scalp Ritual, a 55 minute Mangwanani Uplifting Pressure Point Foot Ritual and a 55 minute Heavenly Maracuja Oil Hand Ritual for the Ultimate Mind and Body Revitalisation. Complete this ritual with Lunch and an Inverroche Gin Cocktail

275 minute

R4299

GROOM ONLY

Man of the Moment Groom Renew

We haven't forgotten about the Man of the Moment. Melt away pre-wedding stress with a body polishing Korean Scrub which consists of a vigorous and rejuvenating full body exfoliation to cleanse the body of dead and aging skin cells for a polished finish. A tranquil 55 minute Volcanic Stone and Sound Therapy Soothing Massage using Heated Lava Stones that channel heat and energy for complete muscle stimulation and relaxation, and therapeutic sound therapy with an African Bamboo Rainstick. Hand and Feet Grooming follow with a buff and shine, and a Pressure Point Massage including a Signature African Cleansing Ritual leaving your Hands and Feet fit for a King. Finish off this rejuvenating Journey with our Signature Mangwanani Iced Tea infusion and Lunch

275 minute

R3599