



# Mangwanani

## CORPORATE WELLNESS



Healthy employees are more productive, happier employees. By investing in employees' wellness, companies are not only reducing stress and boosting morale of its people, but they are also reaping the bottom line benefits associated with reduced absenteeism and reduced staff turnover due to added loyalty and greater productivity. Mangwanani Spa has wellness and relaxation therapy solutions that can be tailored to the unique requirements of your business.

Our incredible Nomadic "Mobile" Spa team of empowered therapists can transform your workplace into a Spa Sanctuary or provide Acupressure Treatments to Staff as they sit at their desks in a Call Centre or General Office Environment, thereby not interfering with the daily business tasks but subtly re-energising and invigorating the team while they work.

### **ON-SITE MASSAGE THERAPY**

Employees who work behind a desk and computer for most of their day experience build-up of tension in their muscles and eyes which often leads to tension migraines, sore backs and shoulders which adds to absenteeism.

Mangwanani therapists are trained in Acupressure treatments which focuses on key stress areas such as the back, neck, shoulders, scalp and head.

An on-site treatment ensures that there is the least amount of disruption to your business operation. The ladies move silently through the office and provide effective, lasting relief of stress and tension.

### **Products used for on-site treatments**

Our therapists are trained to place their hand on the shoulder of the employee in a gesture to provide the therapy, then cover the employee's shoulders with a Muslin cloth, scented with a combination of aromatherapy revitalisation oils and begin their pressure point therapy without interrupting the employee's function.

They are also equipped with a special USB aroma diffuser, which can be used to add an additional lasting relaxation aroma. Rather than adversely interrupt the employee's work schedule, the therapy increases productivity, creativity and sense of wellbeing.

### **Advantages for Employees**

Our on-site therapy relieves head, neck and back aches; relieves stress and muscular tension, improves concentration and mental alertness; relieves eye strain, reduces migraines and improves the functioning of the body by stimulating the vital pressure points. It has also been useful in the treatment of conditions such as:

- Sciatica
- Lower back pain
- Whiplash injuries
- Arthritis
- Tennis elbow
- Pre-natal pains
- Menstrual disorders

### **Advantages for Employers**

On-site therapy leaves your employees feeling energised which in turn increases productivity and boosts morale resulting in greater creativity and input.

Additionally, companies experience a reduction in absenteeism, as employees have a greater sense of loyalty feeling more valued therefore increasing staff retention.

## CORPORATE FUNCTIONS

Mangwanani adds excitement and extreme value to any corporate function through the provision of relaxing treatments for guests. We are able to provide our treatments to companies through on site Nomadic Set-Ups, In Spa Functions or a wide range of Spa Events, for example Beach Spa, Riverbed Relaxation, Spa Oasis etc.

### Nomadic Set-Up

Mangwanani's Events team comprising of therapists, a manager, décor and all treatment products will come to the venue of your function, set-up a beautiful nomadic spa and provide treatments to your guests to make your function even more memorable. We are also able to attend your Corporate Wellness Days.

Popular treatments for functions include: our Signature Royal African Foot Therapy, Royal African Hand Pressure Point Massage & Hydration, North African Head Massage, Upper Back, Neck and Scalp Therapy or our Traditional African Hand Cleansing Ritual.

### In-Spa Functions

Mangwanani is able to host large groups for Spa events, launches and team building at our River Valley, Sibaya and Winelands spas. We are also able to exclusively book the entire spa for such functions and ensure your banners, branding and company logo are displayed and incorporated into these events. We host large groups of men and women for either our Full Day African Revitalisation Day Spa or our Magical Moonlight Night Spa Experience. We can provide Gifts for your Guests which can vary from Logo Embroidered Luxury Gowns and beautiful collection of our Unisex 100% Natural Product Ranges.

Mangwanani In-Spa or Nomadic functions are ideal for year-end events, functions to treat your clients or reward your staff.

## PRODUCTS

Our products include extracts from Marula Fruit, Organic Baobab, Aloe Vera, Mafura Butter, Shea Butter, Jojoba Oil, Almond Oil, Rooibos Leaf Extract which all include antioxidants, moisturisers and nutrients to protect and revitalise your skin. Our Natural Product Ranges include: Mbali, Etosha, Indigo, Calabash and Baobab & Figg with properties that would boost healthy, replenished skin & promotes total relaxation.

**Please refer to our product catalogue for more details on our Natural product ranges and their benefits.**

We are also able to provide you with items such as sarongs, bags, beach hats and umbrellas that are branded with your company's logo.

## CORPORATE INCENTIVES

Mangwanani Vouchers for treatments, spa packages and products make a great incentive for your staff. We are able to provide discounts for bulk purchases.

## MANGWANANI EMPOWERMENT- CHANGING LIVES

Mangwanani is the pioneer in the African Spa industry and the only Empowerment Spa Group in the country. All our therapists come from a rural background with little or no education. Mangwanani gives these women employment opportunities and places them on message therapy training programmes which are carried out by professional trainers. Further to that, our therapists are trained and developed to grow their careers at Mangwanani. Many of our branch managers have been trained from grassroots level and have moved into management roles within the company.

Mangwanani also focuses on giving back through a number of sponsorships and initiatives in support of various non-profit organisations on a monthly basis. The primary non-profit organisation we have chosen to continually support is the Reach For A Dream (RFAD) foundation. We offer a spa package which allocates a portion of the proceeds to the foundation for every one that is sold. Further to that we annually host the Dreamers and their families to a spa day nationwide and support all the foundation's campaigns, such as the Slipper Day campaign.

Mangwanani is an established spa with branches nationwide. We have successfully been providing therapies to clients since 2002. We are well equipped to service corporate clients and have an established Events team who is experienced in ensuring your event requirements are met.



### Contact us

For more information or a quotation,  
please call us on **0860 55 00 55**

or visit our website at

**[www.mangwanani.co.za](http://www.mangwanani.co.za)**

**Mangwanani**  
*African Spa*